

ALL-STAR CHEER INFORMATION PACKET

Welcome to MVP Athletics!

At MVP Athletics, we foster a culture of excellence and camaraderie in the world of all-star cheer and tumbling. We are committed to providing top-tier training, personalized coaching, and a supportive environment where athletes can thrive, grow, and reach their full potential. Through dedication, passion, and teamwork, we aim to empower our athletes to become not only exceptional performers but also confident, resilient individuals who embody the values of sportsmanship, integrity, and perseverance. At MVP Athletics, every athlete is valued, every achievement celebrated, and every dream pursued with unwavering determination. As you review the details in this packet and contemplate joining our competitive cheerleading team, we ask that you carefully consider all requirements, including attendance, financial commitments, and policies. Competitive cheerleading demands significant time and financial investment and requires a serious commitment. We seek athletes and parents ready to fully dedicate themselves to this year-round sport and remain steadfast in their loyalty to the team and program. Together, through hard work, loyalty, and dedication, we can achieve remarkable success.

All-Star Cheerleading Overview

MVP Athletics All Star Cheer Program is a twelve-month program. Athletes will begin training in June 2024 and will continue through May 2025. We will be competing in The Open series broken down into levels beginning with show going up to elite by ability and age.

Athletes will be placed onto specific teams based on their age and their ability in the execution and difficulty of their tumbling, jumps, dance, stunting and overall performance proficiency. The goal is to create and develop teams that will achieve success with both age and skill appropriate athletes. MVP Athletics will place athletes based on the above at their discretion.

General Program Information

Tuition/Monthly Fees

Monthly tuition is comprised of competition fees, coaches' fees, music fees and facility fees. These fees do not include registration fee, membership fee, choreography fee, uniform, bows, shoes, makeup, backpacks, bid events or any other accessories.

All monthly tuition <u>MUST be paid via autodraft</u> on the 5th. All additional expenses must be paid via auto draft on the due date. If you want to make a cash payment or in person payment for it **MUST BE DONE BEFORE THE DUE DATE. ZERO EXCEPTIONS**

Any athlete that fails to pay their tuition/monthly fees will still be required to attend practices but sit out until it is paid in full. Athletes will not be allowed to participate in competitions, classes or private lessons when accounts are delinquent. Accounts are delinquent after the 10th of the month. If an account is delinquent and an athlete cannot participate in a competition, the athlete may be dismissed from the team. Exit fee will apply.

Late Signup

Athletes signing up after June 2024 will be responsible for the full month's tuition at the time of registration no matter when they begin training, including the back fees. For example, if an athlete begins July 20th they will be required to pay the entire month of July and June's fees. No proration

Exit Fee

Any athlete that withdraws from MVP Athletics Program prior to the yearlong commitment will incur an exit fee of \$750. **ZERO EXCEPTIONS**

Attendance Policy

We will strictly follow our attendance policy for 2024-2025. Please review the policy to ensure you understand the Policy and can commit to it for the entirety of the 2024-2025 cheer season. The Policy is included in the information packet.

Routine Stunt Camp and Choreography

Stunt Camp will take place on June 13th and Choreography will take place on August 6-7. These are MANDATORY for anyone wanting to participate. If you miss either you potentially will be asked to exit the program and pay the exit fee.

Additional Practices

Additional practices may be added to an athlete's practice schedule. THESE WILL BE MANDATORY and additional fees will apply. These classes will be specialty classes such as Flyer Class, Stunt Class, Jump technique etc. Athletes that do not attend a specialty class once assigned will be subject to removal from a specified position and/or team.

Flyer class will be mandatory for all flyers. This is an extra class and requires an additional fee. Flyer class may or may not be on your team practice day.

Timeliness

Please make sure your athlete is on time to all practices, classes, competitions or any event requirement of MVP. Being late to a competition could result in the athlete being pulled from the Program. There will be no refunds and the EXIT FEE will be immediately due.

Attire

It is required that all athletes be dressed and ready at practice start time. MVP will give further instructions for practice wear prior to the first team practice. It will most likely include a solid color bra top and shorts of your athlete's choice. Athlete's will also be required to wear the appropriate cheer shoes and have their hair pulled back out of their face. Failure to comply with the practice wear schedule will result in disciplinary action. No exceptions, every athlete, no matter the circumstances. All jewelry should be removed. MVP Athletics is not responsible for lost or stolen items.

Private Lessons

Fee information for private lessons can be found in iclass pro or obtained at the front desk or from the coach. Athletes cannot schedule private lessons if they are delinquent in their team tuition or fees. Private lessons are payable at the time of booking. If the lesson is cancelled for any reason other than illness (dr note will be required) only a partial refund will be given.

Insurance and Injuries

Athletes must provide their own medical insurance. If an athlete is injured in or out of the gym the athlete must report it immediately to the head coach of the team. Reporting all injures is important for the health and safety of the entire team.

Event Rules

All athletes, family and friends must abide by the rules set forth by the event producer and venue when in attendance. No alcohol or illegal substance of any kind in venues or at MVP Athletic events (even if it is sold/available to purchase) Alcohol and children do not belong together and if anyone associated with the athlete does not comply with this policy it will result in potential immediate dismissal.

Sportsmanship

As MVP Athletics' athletes we ask that everyone acts appropriately and always show good sportsmanship. We hold ourselves to a higher standard at MVP and ask that all athletes and parents be accepting of all scores and results in a positive manner.

Facility Rules

MVP Athletics is a substance free facility. No alcohol, vapes or illegal substances will be tolerated. Any athlete that does not abide by this will be fined \$250 and up for immediate dismissal from the Program.

Coaching

No parents are allowed to spot athletes on any skill in the gym. Leave all coaching to the coaches. Please keep from negative talk with others. If you have questions or concerns, please schedule a conference with your athlete's coach. Please do not coach your athlete from the sideline EVER. This is counterproductive and puts athletes in danger.

Communication

MVP Athletics will communicate through the Iclass pro app, the parent portal and email. Urgent communication may be sent out via text. Please set your setting to receive notifications when setting up your account. All information regarding teams, events, training etc will be communicated and distributed at practice as well. Additionally, there may be a group text for each team. This will be decided by the team parent representative and communicated accordingly. You may also contact Stefani Webster via email at stefani@mvpathleticstx.com. Do not contact any event producer or judges. Do not approach the coach directly during practice time or competition. If you need to speak to a coach, please schedule a time that does not interfere with instruction.

Social Media Policy

The Social Media Policy will be included with the athlete contract.

GYM CLOSURES FOR TEAMS

MVP Athletics will be closed for team practice on the dates below. MVP Athletics reserves the right to change this schedule if needed. Please review the Attendance Policy thoroughly.

July 4-5 August 26-September 8 October 31st November 23rd-December 1st December 18th-January 1, 2025 March 7-16 April 18-21 May 24-26

MVP Athletics All Star Cheer Fall Schedule will begin Monday September 9th. The Attendance Policy goes into effect beginning Sept 9, 2024. Please review completely.

ATTENDANCE POLICY

Competitive Cheer is a "select" team sport. This means there is a big commitment from the athlete and parents. All practices are mandatory. We encourage athletes to take a summer vacation during July-August. We recommend that no more than 2 consecutive weeks are missed during the summer. Please email athlete summer vacation dates to Stefani@mvpathleticstx.com and cc the coach.

Practices can be intense leading up to competition dates. Oftentimes extra practices will be scheduled. The extra practices will be MANDATORY. Any athlete that has an unexcused absence the week prior to a competition may be dismissed from the team and will be required to pay monthly tuition in full. Athletes with poor attendance, extended illness or injuries will be replaced. There will be no refunds. All Athletes realize that when they are not in attendance they are failing their team and the commitment it takes to be a part of a successful competitive program. Missing practices makes it impossible to work all baskets, stunts, pyramids, and transitions efficiently.

The following excused and unexcused policy is non negotiable. If an athlete has five unexcused absences within the commitment (starting Sept 9th) he/she is subject to dismissal. The athlete will be responsible for the remainder of the tuition and there will be no refunds.

UNEXCUSED ABSENCES

School electives but not limited to, athletics, sports, band, theatre, choir etc. working, personal issues, TRANSPORTATION, birthdays, schoolwork, studying, social occasions, weddings, church, family time etc

EXCUSED ABSENSES

Mandatory School functions that result in a grade. This does not include chosen electives. Death in the family and contagious illness which has been diagnosed by a physician and a note is provided. Documentation/proof will be REQUIRED for all excused absences.

This Attendance Policy begins Monday September 9, 2024 and will end after the last competition or event of the season. You will be emailed a notification of any attendance fees and your credit card on file will be charged.

3 tardies (more than 15 min late) = 1 unexcused absence

3 unexcused absences = \$60 fee

After 3 unexcused absence you will be charged a \$30 fee for each additional unexcused absence.

6 unexcused absences will result in discussion regarding removal from the team.

It is the parent's responsibility to notify coaches of all upcoming absences, sickness or if going to be tardy. Please email Stefani as soon as possible prior to the absence or tardy. The athlete's coach should be contacted by phone or text. Attendance will be taken at every practice and event and is required unless excused by your coach for illness or injury. Your coach will decide whether your athlete should attend, and you must provide a Dr note for it to be excused. No fees will be refunded if sick or injured. It is the athlete's responsibility to

learn anything that was missed due to an absence and may require extra practice. There will be no make up classes or refunds for any missed practices.

FINANCIAL INFORMATION

MVP Athletics Cheer Program is a twelve month commitment. We will begin practicing in June 2024 and it will continue through May 2025. All tuition and fees must be paid via automatic draft. A credit card will be required to be on file at all times. You do have the option to pay cash ahead of the automatic monthly draft. Monthly tuition will be drafted on the 5th of every month. Tuition is comprised of instructional fees, competition fees and coaches fees. End of Year bid event is not included and will be an extra expense. There is a possibility of extra competition fees if cost exceeds the anticipated/budgeted amount.

Training for the 2024-25 season will begin June 5,2024

Show/Exhibition Teams

\$300 per month

Novice Teams

\$315 per month

All Star Prep Teams

\$340 per month

All Star Elite Teams

\$375 per month

PAYMENT OPTIONS

MVP Athletics has two payment plan options. Please review

- 1) Pay in full due no later than one month after registration. Total monthly tuition in one lump sum. This does not include other fees such as choreography, stunt camp, uniform, bid events or the possibility of extra competition fees. Siblings will receive a 10% discount on monthly tuition. Exit fee applies if the athlete withdraws from MVP Athletics before May 5th 2025. There are no refunds
- 2) Monthly Tuition Payments. Tuition will be paid monthly by auto draft. You must sign up for Automatic Draft Payments with a debit/credit card. Auto Payments begin June 2024 and end May 2025. Siblings receive a 10% discount on monthly tuition. Exit fee applies if the athlete withdraws from MVP Athletics before May 5th 2025. No refunds

ADDITIONAL EXPENSES

These expenses will be automatically drafted on respective due dates and tax will be added where applicable.

Athletes will have the same accessories and each item will be purchased through MVP. Some of the prices listed below are an estimate and the final may be different from the one listed below.

EXPENSE	AMOUNT	DUE DATE
Tryout Fee	\$30	bf or at tryouts
Private Tryout	\$50	due at time
Annual Registration Fee	\$50	June 5,2024
Stunt Camp	\$40	June 13,2024
Choreography and Music Fee	\$200	July 15, 2024
Team Shoes	\$100 approx	TBD
Hair Accessories	\$35 approx	Sept 15, 2024
Uniform	\$365	July 15,2024
Make Up	\$50	Sept 15,2024

Travel Expenses

We will have additional travel expenses if we win a paid bid for an end of year event. This event will be out of state. Plan on \$2000 per athlete.

Crossover Fees

Additional fees will apply if your athlete competes on more than one team. The amount will vary.

Other Fees

Competition and Coaches' Fees for any bid or end of year event

TRYOUTS

May 23, 2024 5:30-8 May 24, 2024 6-8 May 25,2024 10:30-1

I am working on getting Iclass pro set up and functioning. If that happens before the tryout dates I will email and let you know to set up your parent account. Please email me at stefani@mvpathleticstx.com to secure your preferred tryout date and time.

You will be notified via email of your team placement and practice schedule. There will be a mandatory parent meeting for all teams. Please watch for communication on the date and time. (Plan on the last week of May or the first week of June)

Please keep in mind that just because an athlete can perform at a particular level does not mean that he/she will automatically be placed on a team of that level. Many factors come into play when deciding on the placement of the athlete. We look for athletes that who have what it takes to succeed in All Star Cheer. We look for drive, work-ethic, maturity, coachability, and being able to be a team player. Our goal is to develop successful teams as well as athletes. Please trust our staff and coaching decisions.

MVP Athletics reserves the right to move athletes to different teams at any point during the season. Athletes are expected to maintain the skills required for their team level. If they do not they may be assigned to another team. MVP Athletics also reserves the right to change the competitive division of any team at their discretion.